Fettes Staff Benefits – Westwoods Health Club Membership

As part of our Fettes staff benefits package, all staff and their families can benefit from membership at Westwoods Health Club, our dual use health and fitness club, situated within the grounds of Fettes College.

There are three different categories of staff membership available:

1. **Individual membership**
2. **Couple membership**
3. **Family membership**

Terms and Conditions

- The Fettes staff member must be a member of the club to be able to add a partner and/or his/her children.
- Parents and children must be in a permanent relationship and must be living at the same address.
- Only children aged 6 or over are required to be paid for within a family membership but all children aged up to 5 years old must still be included in the application form to gain access to the club. Children turning 6 will automatically incur a charge unless their membership is cancelled in advance.
- The family membership covers all children from 6 years up to 18 years of age. If children attend Fettes College, then they receive complimentary membership, so they do not need to be part of a staff membership.
- You must be a permanent member of staff to qualify for this membership. Casual and freelance staff are not eligible.
- Any guests of staff members will pay the standard guess pass rate.
- Upon joining Westwoods, staff members and their family members if relevant, will be required to purchase a Westwoods wristband priced at £10 per band.
- Additional services such as adult and child swimming lessons and personal training sessions will be charged at the standard club rates.

How does it work?

The payroll benefit is now shown as a charge on employees' payslips.

For the 2026–2027 tax year (April 2026 to March 2027), the monthly rates are:

- **Individual membership:** £16
- **Couple membership:** £31
- **Family membership:** £40

These amounts will appear on the payslip, and employees will only pay income tax on this benefit each month.

Swimming Pool

1. We can reserve the pool or the sports hall at certain times for adults only, events, school use or swimming lessons. These details will be posted on the Club notice board.
2. You and your guests will use the pool at your own risk. Children aged 8 and under must be accompanied by a member aged 16 or over and supervised in the pool at all times. See "Children" section for more details.
3. For health and hygiene reasons you must shower on entering the pool area, and shower after using the sauna/steam room before re-entering the pool.
4. Members should always follow the instructions of the lifeguards whilst in the pool area.
5. A full list of pool rules can be found on the swimming notice board and these must be adhered to at all times.
6. Swimming lessons are only available to members with a current subscription.

Sports Hall

1. Court bookings may be made up to seven days in advance by booking at the Club reception.
2. The Club may pre-book courts for tournaments, exhibitions and other social activities.
3. A cancellation fee will be charged to users cancelling bookings with less than 24 hours' notice if we are unable to re-let the court.
4. If you are more than 10 minutes late for your booking the Club reserves the right to let the court to another user.

Guests

1. If you are aged 16 or over you may sign in guests to use the Club's facilities as long as you pay the appropriate guest fee. Members must accompany their guests at all times.
2. A guest may use the Club a maximum of twice per month.
3. You are responsible for making sure that your guests are aware of and obey by the Club's rules and regulations. If this is not the case then the management reserves the right to suspend/end your membership.
4. All guests must complete a guest form which includes a medical declaration prior to entry, on every visit.

Children

1. Children under the age of 16 are required to be supervised at all times whilst at the Club by a member who is aged 16 or over, unless the child is attending a pre-organised Club activity.
2. Children using the swimming pool who are under the age of 5 years must be supervised with an adult:child ratio of 2:1. Children aged 5-7 years should be supervised with a ratio of 3:1.

3. Children over the age of 8 who are competent swimmers may use the swimming pool unaccompanied as long as they are in the building with a member aged 16 or older.
4. Children under the age of 16 years may not use the fitness suite or take part in fitness classes.
5. Children aged 8 years or over must use the changing facilities designated for their own sex.
6. Children aged 6 and 7 years old may use either sex changing facility but are required to use a cubicle or the family changing room when changing in an opposite sex changing room.
7. Children aged 5 years and younger may use either sex changing facility in its entirety.
8. When using the brasserie please ensure all children are supervised closely by a parent or guardian to adhere to health and safety guidelines.

Fitness Suite

1. Each member is responsible for his/her own physical condition and should monitor their own health in relation to physical activity accordingly.
2. If any member feels unwell during exercise they should stop the activity and contact a member of staff immediately.
3. Drinks can only be taken in to the Fitness Suite in a sealed plastic water bottle.
4. Members are responsible for informing the Club of any changes to their health which affect their original PARQ.
5. Appropriate clothing and footwear must be worn at all times.

Studio Activities

1. Advanced bookings may be limited to one session of the same discipline per day. All classes should be pre-booked; this can be done up to eight days in advance.
2. Appropriate clothing and footwear must be worn at all times.
3. Drinks can only be taken into the aerobics studio in a sealed plastic water bottle.

Parking

1. Private parking is provided within Westwoods car park for all members whilst utilising the Club's facilities for a maximum of three hours. The Club has systems in place to prevent illegal parking by non-members and overstaying members. The Club reserves the right to recoup any costs incurred by members who do not follow parking instructions which are clearly marked out and to fine users who break the rules.
2. All members should drive carefully within the grounds of Westwoods and obey the speed limit of 10mph. On approaching the car park gate, drivers should allow them to return to a closed position before approaching. Do not tailgate the car in front.